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5.1.4 Implementation of guidelines of statutory/regulatory bodies Organisation wide awareness and undertakings on policies with zero tolerance Mechanisms for submission of online/offline students' grievances Timely redressal of the grievances through appropriate committees

5.1.4(4) Women Empowerment



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#### 5.1.4.2

#### Women Empowerment Cell – WEC 2022-23

Women's empowerment cell meeting was held on 8, March 2023 on the occasion

of International women's day. Showcasing the importance of the women's health yoga program was conducted. The female teaching faculty and non-teaching faculty and the female students attended the yoga program.

Women Empowerment Cell Chairperson and Principal Dr Osman Bin Salam, Dr.Atiya Mahboob- Professor and member of WEC and students both male and female spoke on empowering the women which will empower the nation.



WEC provided a platform for the women faculty and the girl students to showcase their abilities and hidden talents on the occasion of this event.

All the Women faculty and the students felt very enthusiastic, delighted and expressed their happiness to the WEC.

Apart from this, following programmes on health, hygiene and motivation were conducted in the academic year 2022-23.

| A.Year  | Title   | <b>Progrmme Date</b> | Resource Person of the Event  |
|---------|---|----------------------|-------------------------------|
| 2022-23 | Importance of Health and Hygiene among Women                    | 25/04/2023           | Dr. Swetha Suram              |
| 2022-23 | Women Achievers across the Globe- Equity vs Equality            | 08/03/2023           | B. Vanitha Dept. of Education |
| 2022-23 | Women Achieving Excellence Despite Odds - A Road Map to Success | 01/12/2022           | Dr.Sameera                    |
| 2022-23 | Importance of Self-Esteem among Women                           | 27/10/2022           | Dr. Saba Inamdar              |
| 2022-23 | Health Talk- With special focus on Mental Health of Women       | 29/08/2022           | Dr.Zainab MBBS, MD            |
| 2022-23 | Awareness on Health and Nurition of Women                       | 13/06/2022           | Mrs. Ishrath Begum            |

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#### Attendance

| Women Empowerment Cell 2022-23 |                        |   |           |
|--------------------------------|------------------------|---|-----------|
| S.No.                          | Name of the Member     | Role                                    | Signature |
| 1                              | Dr.Osman Bin Salam     | Chairperson                             | 9 hours   |
| 2                              | Dr.Atiya Mahboob       | Female Faculty Member                   | 15/2×     |
| 3                              | Mrs.Sadiya Aziz        | Female Faculty Member                   | lacting   |
| 4                              | Mrs.Raheemunnisa       | Female Faculty Member                   | relento   |
| 5                              | Mrs.Farheen            | Female Non Teaching Faculty Member      | Jes       |
| 6                              | Miss. Shazia Tarannum  | Female Student<br>Representative Member | S.T dearn |
| 7                              | Miss. Syeda Bushra Ali | Female Student<br>Representative Member | Bush      |

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#### Women Empowerment Cell – WEC 2021-22

Women empowerment cell meeting was held on 8 march 2022 on the occasion of women's day.

Various indoor and outdoor games and sports were conducted for both girl's student and women faculty.

WEC provided a platform for the students and faculty to share their experiences and views regarding the status of women in the society and suggestions were sought to improve and empower them.

WEC held discussions with the members of anti-ragging committee and grievance redressal committee to bring about a positive change in the mind-set of the people on

gender sensitization which will set a path to achieve women empowerment.

Another meeting of WEC was held on 16<sup>th</sup> July 2022 to reconstitute the WEC for the academic year 2022-23 with the following members.

The following events were conducted for the academic year 2021-22.

| A.Year  | Title  | Progrmme Date | Resource Person of the Event |
|---------|--|---------------|------------------------------|
| 2021-22 | Role of Women in Society- Emphasis on Beti Bachao Beti Padhao      | 29/03/2022    | Dr. Mahnoor Sahrash          |
| 2021-22 | Financial Literacy- A Must for every Women                         | 30/11/2021    | Mr.Shadab Alam               |
| 2021-22 | Webinar on Menstrual Hygiene                                       | 03/11/2021    | Dr. Zainab                   |
| 2021-22 | Equity and Inclusion- Highlights of National Education Policy 2020 | 23/10/2021    | T.Saritha Dept. of Education |
| 2021-22 | Dental Health- With Special focus on Oral Hygiene                  | 27/09/2021    | Dr.Asma Nausheen MDS         |
| 2021-22 | Health and Hygience- Factors for a Healthier Life                  | 20/09/2021    | Dr. Mrs. C. ShobhaRani       |

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|       | Women Empowerment Cell 2021-22 |                                  |               |  |  |
|-------|--------------------------------|----------------------------------|---------------|--|--|
| S.No. | Name of the Member             | Role                             | Signature     |  |  |
| 1     | Dr.Osman Bin Salam             | Principal                        | Genis         |  |  |
| 2     | Dr.Atiya Mahboob               | Female Faculty                   | ARRY          |  |  |
| 3     | Mrs.Sadiya Aziz                | Female Faculty                   | Latinga       |  |  |
| 4     | Mrs.Farheen                    | Female Non Teaching Faculty      | m             |  |  |
| 5     | Miss. Afreen Sultana           | Female Student<br>Representative | Afran Sattone |  |  |
| 6     | Miss. Shahista<br>Mehjabeen    | Female Student Representative    | Shamle.       |  |  |

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### Women Empowerment Cell – WEC 2020-21

Women empowerment Committee met on 4<sup>th</sup> January 2020 to take stock of various programmes related to women empowerment. The Chairperson Dr.Osman Bin Salam emphasised the need to expedite the pending work. It was decided that every year February 20 world day of social justice, March 8 as International Womens day and April 7 as world Health day be remembered as also women related.

8 March 2021 was celebrated as International Women's day by the Women Empowerment Cell. The college organised a programme to felicitate the women on the occasion. Mrs Shabana Fathima did the anchoring while other female



faculty Dr.Atiya Mahboob, Dr.Y.Vinodhini and Ms.Ruhi Naaz shared their views. Male students too expressed their gratitude towards the female faculty.

Additionally, the following events relevant for the women's empowerment were conducted in the academic year 2020-21.

| A.Year  | Title   | Progrmme Date | Resource Person of the Event  |
|---------|---|---------------|-------------------------------|
| 2020-21 | Overcome Fear and Build Confidence at Workplace       | 08/03/2021    | E.RamaDevi Dept. of Education |
| 2020-21 | Maintaining Physical Health- Relevance of Yoga Asanas | 12/01/2021    | MD. Iqbal Yoga Instructor     |
|         | Importance of Healthy Eating Practices                | 24/12/2020    | Dr. Asma Nausheen             |
| 2020-21 | Covid -19 A protocol to overcome Corona               | 17/12/2020    | Dr. AkbarAliKhan Pathan       |
|         | Emotional Imbalance- The Need of the Hour             | 12/11/2020    | Mrs.NoorBanu                  |
| 2020-21 | Webinar on Empowering Women - Building Gender Parity  | 09/11/2020    | Dr. Swetha Suram              |

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| Women Empowerment Cell 2020-21 |                     |                                  |           |  |
|--------------------------------|---------------------|----------------------------------|-----------|--|
| S.No.                          | Name of the Member  | Role                             | Signature |  |
| 1                              | Dr.Osman Bin Salam  | Principal                        | Demit     |  |
| 2                              | Dr.Atiya Mahboob    | Female Faculty                   | P.935     |  |
| 3                              | Mrs.Sadiya Aziz     | Female Faculty                   | Jahre     |  |
| 4                              | Mrs.Farheen         | Female Non Teaching Faculty      | The       |  |
| 5                              | Miss. Sania         | Female Student<br>Representative | Sprie     |  |
| 6                              | Miss. Mariyam Begum | Female Student<br>Representative | Mornison  |  |

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### Women Empowerment Cell – WEC 2019-20

The members of the Women Empowerment Cell met on 28<sup>th</sup> June 2019 and discussed the scope and limitations of women empowerment and ways to implement the agenda to the betterment of the women.

A Women Empowerment Cell (WEC) is a vital entity within institutions or organizations dedicated to fostering gender equality and empowering women. Its primary objective is to create a supportive environment where women can thrive academically, professionally, and personally.

The WEC typically offers various programs, workshops, and seminars aimed at enhancing women's skills, confidence, and knowledge on diverse subjects such as leadership, entrepreneurship, health, and legal rights. These initiatives often include training sessions on assertiveness, negotiation skills, financial literacy, and career development.

Furthermore, the WEC serves as a platform for women to voice their concerns, seek guidance, and access resources for personal and professional growth. It promotes networking opportunities, mentorship programs, and peer support systems to encourage collaboration and solidarity among women.

Through advocacy and awareness campaigns, the WEC strives to challenge societal norms, stereotypes, and discriminatory practices that hinder women's progress. By fostering a culture of inclusivity and respect, it contributes to building a more equitable and empowering environment for women to thrive and excel.

In essence, the Women Empowerment Cell plays a pivotal role in championing gender equality, fostering women's leadership, and empowering them to realize their full potential in all spheres of life.

The following talks were conducted in the academic year 2019-20 as part of women empowerment.

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| A.Year  | Title                                      | Progrmme Date   | Resource Person of the Event       |
|---------|--|---|------------------------------------|
| 2019-20 | Time Management Skills- Minutes Matter     | 31/12/2019  | Dr.Anees Sultana                   |
| 2019-20 | Equal Access to Women for Justice          | 28/11/2019  | E.RamaDevi Dept. of Education      |
| 2019-20 | Importance of Meditation to Relieve Stress | 20/11/2019  | Dr. NarisimhaReddy Parine          |
| 2019-20 | Education a Must for every Women           | 14/08/2019  | Mrs. Khaiser Banu Dept. of English |
| 2019-20 | Work Life Balance with Ease and Enthusiasm | Balance with Ease and Enthusiasm 11/07/2019 Dr. Anees Sultana |                                    |
| 2019-20 | A Strict No to Child Labour                | 01/07/2019  | Mrs. Nazneen Saba Qadri            |

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| Women Empowerment Cell 2019-20 |                    |                               |           |  |
|--------------------------------|--------------------|-------------------------------|-----------|--|
| S.No.                          | Name of the Member | Role                          | Signature |  |
| 1                              | Dr.Osman Bin Salam | Principal                     | Demit     |  |
| 2                              | Dr.Y.Vinodhini     | Female Faculty                | Virvoltur |  |
| 3                              | Ms.Bushra Husna    | Female Faculty                | Bushs     |  |
| 4                              | Mrs.Farheen        | Female Non Teaching Faculty   | 0/4/ 0    |  |
| 5                              | Miss. Fatima Naaz  | Female Student Representative | ferm row  |  |
| 6                              | Miss. Lubna        | Female Student Representative | Lerbra.   |  |

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### Women Empowerment Cell – WEC 2018-19

The Women Empowerment meeting at Anwarul Uloom College of Business Management on July 28, 2018, was successful. Teaching and Non-Teaching faculty members and students attended the meeting. The Chairperson of WEC and the Principal Dr.Osman Bin Salam discussed strategies for advancing gender equality in education, employment, and society. Key topics included leadership development, financial literacy, and combating gender-based violence. The event featured inspiring speeches from other guest speakers. Participants exchanged ideas and committed to promoting women's rights and opportunities. The meeting concluded with a renewed sense of empowerment and determination to effect positive change in the community. The WEC member Mrs.Sadiya Aziz concluded with the vote of thanks.

Following seminars were hosted as part of women empowerment initiatives.

| A.Year  | Title  | <b>Progrmme Date</b> | Resource Person of the Event  |
|---------|--|----------------------|-------------------------------|
| 2018-19 | Awareness program on Women Safety - A Safer India                  | 08/3/2019            | Dr. Saba Inamdar              |
|         | Converting Conflicts into Connection - A guide to Workplace Ethics | 20/11/2018           | E.RamaDevi Dept. of Education |
|         | Taekwondo - Techniques of Self Defence for Women                   | 16/10/2018           | Mr.Iqbal Hussain              |
|         | Stress Management - How It Affects Us,the Women                    | 20/09/2018           | Dr. Zainab                    |
|         | Legal Help against Domestic Violence- Role of She Team             | 28/08/2018           | Dr. Aseem Khan                |
| -       | Equity Vs Equality - An Empathetic View                            | 09/07/2018           | Dr. Mrs. C. ShobhaRani        |

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| Women Empowerment Cell 2018-19 |                      |                               |               |  |
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| S.No.                          | Name of the Member   | Role                          | Signature     |  |
| 1                              | Dr.Osman Bin Salam   | Principal                     | Phones        |  |
| 2                              | Dr.Y.Vinodhini       | Female Faculty                | J. Wrodky     |  |
| 3                              | Dr.Atiya Mahboob     | Female Faculty                | MAS           |  |
| 4                              | Mrs.Sadiya Aziz      | Female Faculty                | lalingo       |  |
| - 5                            | Mrs.Farheen          | Female Non Teaching Faculty   | 4/            |  |
| 6                              | Miss.Noor ul Ain     | Female Student                | ) Olovia      |  |
|                                | Fathima              | Representative                | 2/ pory frame |  |
| 7                              | Miss.Mohammed Ayesha | Female Student Representative | Mard Agen     |  |

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